



COVID – 19 (Coronavirus)

ADMISSION GUIDE

CAIS at Salus inpatient detox unit, Lancashire

Hafan Wen inpatient detox unit, Wrexham

Salus Withnell Hall residential rehab, Lancashire

In response to the COVID-19 (Coronavirus) outbreak and UK Government guidance, CAIS residential services and our partners Salus Withnell Hall rehab are putting extra measures in place to protect patients and staff.

- Prior to your admission your community keyworker will have asked you to complete a coronavirus screening assessment. This assessment will be repeated when you arrive for admission to any CAIS residential unit or at Salus Withnell Hall rehab.
- Your keyworker will also have advised you of our intention to isolate all new admissions for a period of 7 days and will have gained your consent for you to be included in this. We will repeat this request for consent when you arrive at the designated CAIS facility or Salus Withnell Hall rehab and will not admit any patient who has not been informed or does not give their consent to be isolated.

*** Isolation for Salus Withnell Hall Rehab only applies if a patient is admitted directly to rehab and requires no detox or has detoxed at another facility. Those patients who have undergone isolation in detox at CAIS at Salus or Hafan Wen will be allowed to join the Salus Withnell Hall rehab community from day one***

- When we have your consent, we will escort you straight to your room where you will stay for a period of 7 days. This 7-day period is in line with public health guidelines for people who have emerging symptoms or suspects they may have the coronavirus. We will follow this guidance even though you are being admitted without symptoms as we feel it will provide you and our staff with extra safety measures. If symptoms do emerge during your initial 7-day isolation period, we will then isolate you for a further 7 days (starting from the onset of symptoms). The further 7 days is again in line with current UK Government health guidelines as you will not have had/or will have any contact with any other patients since your admission. This guidance may alter in the coming weeks/months and we will keep you informed of any changes.



- Nursing staff and doctors and recovery workers will support you by delivering all your treatment needs to you in your room. You may not see the same nurse / doctor or recovery worker every day, but we will ensure an introduction by every staff member involved in your care. You will be actively involved in any decisions, reviews and discussions regarding your care.
- You will be treated by staff wearing protective equipment such as masks, aprons and gloves. This may seem alarming to some patients but behind the masks you will find a friendly, caring and experienced member of staff who has your safety as their priority.
- If your isolation period has been extended for 7 days because of emerging symptoms and you become acutely unwell you will be safely transferred to an NHS medical facility for specialist care.
- If you do not have any emerging symptoms during the initial 7-day isolation period, you will be able to join the wider patient community to engage in the therapeutic programme. You will continue to receive the nursing and medical support you require.

- During the 7-day isolation period, smoking arrangements are as follows;

At CAIS at Salus detox there will be an allocated smoking facility located outside of your bedroom door.

At Hafan Wen you will be provided Nicotine Replacement Therapy (NRT) as there are no facilities to smoke during isolation

At Salus Withnell Rehab you will be provided Nicotine Replacement Therapy (NRT) as there are no facilities to smoke during isolation

This is to ensure we keep the 2-metre social distancing from any members of the community as per government guidelines. A breach of this rule will mean your treatment will be ended and a discharge home to self-isolate will be facilitated.

- Any patient who refuses to remain in their room during isolation will be discharged immediately to ensure the safety of others at Salus Withnell Hall. However, we would urge you to talk to staff about any concerns as we may be able to give reassurances and support you to stay and continue your treatment. You may also change your mind about



isolation/treatment once admitted and if this happens, we will support you to return safely home. We will advise anyone who leaves treatment early to self-isolate at home for a period of seven days. We will need to inform the Public Health England / Wales if you leave the unit with symptoms of coronavirus.

- During detox at CAIS at Salus you will have your own TV with built in DVD player, at Hafan Wen you will have the use of a Portable DVD player. You will also have full access to radio, craft items, books. You will be able to keep your mobile phone with you and have full access to WIFI. You will have access to bring with your items such as Ipad's, Ipod's, tablets.
- At CAIS detox facilities all rooms are equipped with en-suite toilet, sink facilities including en suite showers at Hafan Wen. As there are no ensuite showers located within the rooms at CAIS at Salus detox or Salus Withnell Hall Rehab a scheduled period throughout each day will allocated to individuals who are isolated to have showering and washing facilities. The rooms can be locked from inside for privacy. Staff have a pass key but will always knock before entry.
- ALL services have a laundry facility and staff will ensure bedding and other personal laundry is cleaned when required.
- Staff will deliver meals to your room and ensure you are able to complete menu choices daily. Regular hot and cold beverages will be offered. Staff may also be able to help with shopping requests for snacks, toiletries and magazines.
- We will make it a priority to ensure your physical and emotional well-being and will give you opportunity to provide us with feedback from your experience. We may not have thought of everything, but we can make sure that you feel safe, cared for and comfortable during your treatment period.

You are welcome to telephone staff if you have any other questions, or any concerns about your upcoming admission.

Hafan Wen – 01978 313904

CAIS at Salus detox / Salus Withnell Hall rehab – 01254 200 000.